





## PCCC Connected Beginnings & Tucka-Time Program

# Invest in Your Health For Your Future



Jarjums are welcomed!



Join our free program to discover and explore a healthy and positive change in your life.

### **About the program**

We are thrilled to deliver our new 6-week program, aimed to increase Aboriginal and Torres Strait Islander children's and families engagement with health and early childhood education and care. Come yarn with the PCCC Connected Beginnings team about the new program and how we can best support our mob.

### Don't miss this deadly opportunity!

Bundaberg First Nation parent/s, caregivers, foster or kinship carers with young ones aged 0-5 years are encouraged to come get involved in hands-on experiences through our FREE sessions.



#### **BOOK YOUR SPOT!**

(07) 4167 0037 reception@pccctrust.com.au www.pccctrust.au.au

### What's in it for you?

Social and emotional wellbeing support



Cooking classes



Free transport 🗸



A safe networking & yarning space









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