

It all starts here...

Walking/Fitness Group

PCYC Bundaberg

Mix it up with walks
and gym sessions.

Variety is the spice of
life!

What Walking group, meet up at a local venue for a walk and chance to connect with friends or join us in the gym to sweat it out.

Who Open to all ATSI community members

When Every Wednesday at 10:00am meet at PCYC for transport. Gym sessions start at 10am

Cost FREE!

Where
06/10 – Woodgate Beach
13/10 – Boolbunda Tunnel
20/10 - PCYC Gym
27/10 – Elliot heads Esplanade
03/11 - Burnett Heads
10/11 – PCYC Gym
17/11 - No walking group this week
24/11 – No walking group this week
01/12 – Botanical Gardens
08/12 – Hervey Bay Pier

Contact
Marie Smith - Indigenous Sport and Rec Officer
07 4154 2813 - marie.smith@pcyc.org.au

T&C's
Must bring water, hat and appropriate footwear.

INDIGENOUS
PROGRAMS



Building safer, healthier communities through youth development

pcyc.org.au